

HOW TO FOLLOW DIRECTION



BY [CHILDBOOK.AI](https://childbook.ai)

EE sat at his desk. His teacher, Ms. Bell, talked about shapes. But EE watched a bird outside the window. He thought about circles, squares, and his pet rock at home. "EE," said Ms. Bell softly, "can you look at me?" EE blinked. He did not know he had stopped listening. His brain liked to wander to fun places. Today, he wanted to try something new to help him focus.



Ms. Bell knelt by EE's desk. "Let's try a trick," she said with a smile. She gave EE a small blue star to hold. "When you hold your star, look at me and listen." EE squeezed the star. It felt smooth and cool. "Can I try now?" EE asked. Ms. Bell nodded. EE held his star tight and looked straight at her. For the first time, the words stayed in his head.



The next day, Ms. Bell said, "Everyone, take out your crayons." EE squeezed his star and watched her mouth move. He took out his crayons too! "Now draw a red circle," she said. EE listened close and drew it. His hand moved fast with excitement. "I did it!" EE whispered. He looked around and saw his circle matched everyone else's. Following directions felt like solving a fun puzzle.



By Friday, EE didn't even need his star. He watched Ms. Bell's face and listened with big ears. "Line up for lunch," she said. EE stood up right away. "Great listening, EE!" said Ms. Bell, clapping. EE grinned so wide his cheeks hurt. His brain still liked bugs and clouds, but now he knew how to catch her words too. Paying attention was becoming his new favorite trick.



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